



DATE: April 1, 2021

**Updated Interim Guidance for Quarantine Restrictions on
Travelers Arriving in New York State**

This supersedes the previously issued March 10, 2021 guidance for *Interim Guidance for Quarantine Restrictions on Travelers Arriving in New York State Following Out of State Travel*.

Updates include:

- Quarantine and testing are **no longer required** for asymptomatic domestic travelers as of April 1, 2021.
- Quarantine, consistent with the CDC recommendations for international travel, is **still recommended** for domestic travelers who are not fully vaccinated or have not recovered from laboratory confirmed COVID-19 during the previous 3 months.
- Restrictions on international travel are established by the Centers for Disease Control and Prevention (CDC).
- NYS Travel Form must continue to be filled out by all travelers.

Quarantine and Testing No Longer Required for Travel to New York from Another US State or US Territory

As of April 1, 2021, asymptomatic domestic travelers arriving in New York State from other U.S. states and territories **are not required** to test or quarantine. Domestic travelers do not need to quarantine if they are fully vaccinated or have recovered from laboratory confirmed COVID-19 within the previous 3 months.

However, while not required, quarantine, consistent with the CDC recommendations for international travel, is **still recommended** for all other asymptomatic domestic travelers for either 7 days with a test 3-5 days after travel or 10 days without a test.

Symptomatic travelers must immediately self-isolate and contact the local health department or their healthcare providers to determine if they should seek COVID-19 testing.

Irrespective of quarantine, all travelers must:

- Monitor symptoms daily from day of arrival in New York through day 14;
- Continue strict adherence to all recommended non-pharmaceutical interventions, including hand hygiene and the use of face coverings, through Day 14 (even if fully vaccinated); and
- **Must immediately self-isolate** if any symptoms develop and contact the local public health authority or their healthcare provider to report this change in clinical status and determine if they should seek testing.

Travelers from **Canada**, crossing at land borders subject to the agreement between the governments of the United States and Canada, are permitted to travel in accordance with said federal agreement and need not quarantine solely due to such federally authorized travel.

Travel to New York From Other Countries

Current [CDC guidance](#) requires air passengers traveling to the U.S. from another country show either documentation of having recovered from COVID-19 within in the previous 3 months or a negative test result from no more than 3 days prior to day of travel to the airline before boarding the flight. This applies to both U.S. residents and visitors from other countries. (Documentation of vaccination status or antibody test results will not be accepted as proof of COVID status prior to boarding, per CDC guidance).

After arrival in the U.S., travelers must either quarantine for 7 days with a test 3-5 days after travel, or quarantine for the full 10 days without a test. This requirement applies to all international travelers whether they were tested before boarding, are recovered from a previous COVID infection, or are fully vaccinated.

For more information on acceptable documentation visit "[Requirement for Proof of Negative COVID-19 Test or Recovery from COVID-19 for All Air Passengers Arriving in the United States | CDC.](#)" The CDC is providing limited exemptions for flight crews and other extraordinary circumstances.

Compliance with CDC guidance for international travel is required in New York State for all travelers arriving or passing through New York from other countries (e.g., connecting flights), including healthcare workers and essential workers.

New York State Travel Form

All individuals coming into New York from another U.S. state or territory, or any other country, whether or not such person is a New York resident, are required to complete the [NYS Traveler Form](#) upon entering New York unless coming from a contiguous state for routine work purposes or for less than 24 hours. Contiguous states to New York are Pennsylvania, New Jersey, Connecticut, Massachusetts, and Vermont.

Quarantine Requirements

International travelers to New York who are required to quarantine must comply with the following quarantine guidance. More information on safe quarantine is available [here](#).

- The individual must not be in public or otherwise leave the quarters that they have identified as suitable for their quarantine.
- The individual must be situated in separate quarters with a separate bathroom facility for each individual or family group. Access to a sink with soap, water, and paper towels is necessary. Cleaning supplies (e.g., household cleaning wipes, bleach) must be provided in any shared bathroom.
- The individual must have a way to self-quarantine from household members as soon as fever or other symptoms develop, in a separate room(s) with a separate door. Given that an exposed person might become ill while sleeping, the exposed person must sleep in a separate bedroom from household members.
- Food must be delivered to the person's quarters.
- Quarters must have a supply of face masks for individuals to put on if they become symptomatic.
- Garbage must be bagged and left outside for routine pick up. Special handling is not

required.

- A system for temperature and symptom monitoring must be implemented to provide assessment in-place for the quarantined persons in their separate quarters.
- Nearby medical facilities must be notified, if the individual begins to experience more than mild symptoms and may require medical assistance.
- The quarters must be secure against unauthorized access.

The Department expects all international travelers, and symptomatic travelers, to comply and protect public health by adhering to the quarantine. However, the Department and LHDs reserve the right to issue a mandatory quarantine order, if needed. Pursuant to Executive Orders 205.1 and 205.2, anyone who violates a quarantine order may be subject to a civil penalty of up to \$10,000, or imprisonment up to 15 days per PHL 229. In addition, pursuant to Executive Order 202.45, as extended, any New York State resident who voluntarily travels to another state or country for travel that was not taken as part of the person's employment nor at the direction of the person's employer, will not be eligible for benefits under New York's COVID-19 paid sick leave law.

Travel Advisory Requirements for Healthcare Workers

As of April 1, 2021, asymptomatic HCP returning from travel to another U.S. state or territory may return to work upon arrival in New York State.

Asymptomatic HCP returning from travel to another country must follow [CDC's international travel requirements](#) consistent with this guidance.

Asymptomatic HCP returning from travel to another country can return to work upon completion of the CDC quarantine requirements except for HCP working in **nursing homes, EALRs, or ALPs**. These HCP **cannot return** to their workplace (must furlough) through the 14th day after return from international travel unless they meet the vaccination or recent COVID-19 recovery criteria to reduce the length of quarantine.

Travel Advisory Exemptions

NYS does not grant exemptions from the travel advisory for international travel. For more information, international travelers should consult the [CDC website](#).

Resources

Travel restrictions will help to contain the rates of COVID-19 transmission in New York State and will work to protect others from serious illness. All New Yorkers must take these travel directives seriously. Your cooperation is greatly appreciated. For further information, please visit:

- [DOH COVID-19 Website](#)
- [NYS Local Health Department Directory](#)
- [Centers for Disease Control and Prevention \(CDC\) COVID-19 Website](#)
- [World Health Organization \(WHO\) COVID-19 Website](#)